## Women Only- Fly Fishing Course - Becoming an Outdoor Woman



**Start Date: 3/10/2018 9:00 AM** 

End Date: 3/10/2018 3:00 PM

The N.C. Wildlife Resources Commission is offering a women-only fly-fishing workshop at the John E. Pechmann Fishing Education Center on March 10, from 9 a.m.-3 p.m.

The fly-fishing workshop is part of the Commission's Becoming an Outdoors-Woman (BOW) program. Fly-fishing workshop participants will receive hands-on instruction from experienced instructors on the basics of fly fishing, including casting, knots and rod assembly and fly tying. After learning the basics, participants will test their new skills by fishing for largemouth bass and bluegill on two ponds at the center.

Participants should bring sunscreen, insect repellant, comfortable clothing and footwear. Sign in begins at 8 a.m. A registration fee of \$20 covers rods, reels and all equipment, as well as lunch, drinks and snacks. Pre-registration is required and the workshop is limited to 25 participants on a first-come, first-serve basis. More information is available by contacting Gillen at 919-218-3638 or bb.gillen@ncwildlife.org or visiting the Commission's Becoming an Outdoors-Woman webpage.

"This is the fourth year that we've offered this fly-fishing workshop for women only at the Pechmann Center and last year's event filled up fairly quickly," said Gillen. "It's a great opportunity for women to learn how to fly fish in a fun, no-stress environment with instructors who are very knowledgeable and patient."

Becoming an Outdoors-Woman (BOW) is an international program in which women age 18 and older learn outdoor skills through hands-on experiences. In North Carolina, BOW workshops are held across the state, providing instruction on fishing, hunter safety, target shooting, archery, canoeing, motorboat safety, outdoor cooking, tracking, map-and-compass orienteering, and other outdoor skills.