Brook, brown and rainbow trout require cold, clean water and are therefore generally restricted to mountain streams and lakes.

Those mountain waters that support trout and are open to public fishing are designated as “Public Mountain Trout Waters” by the Wildlife Resources Commission and are managed for public trout fishing. A significant amount of trout fishing opportunities in western North Carolina are located on private property. These landowners have generously allowed for public access for fishing. Please respect their property. Your cooperation is needed to protect fishing opportunities for future generations. The Commission conspicuously marks Public Mountain Trout Waters with regulation signs that indicate locations for public access. When anglers encounter “posted against trespass” signs along these designated sections on private lands, they should respect the property owner’s rights and choose another location along that stream to fish. Maps of trout waters and their classifications may be viewed at ncwildlife.org/trout.

Please visit ncwildlife.org/trout for more information about trout regulations, stockings, and angling opportunities.

Dates listed are subject to change due to unexpected events, such as snow. Changes will be announced through press releases, Twitter, Facebook and on ncwildlife.org.