Fishing regulations for Mountain Heritage Trout Waters, such as daily creel limits, minimum size limits and lure restrictions, are established by the N.C. Wildlife Resources Commission.

The two-mile section of North Toe River, classified as the Spruce Pine Mountain Heritage Trout Water, is a delayed-harvest trout water with the following regulations:

From Oct. 1 until the first Saturday in June:

• No trout may be harvested or possessed;
• Fishing is restricted to artificial lures having one single hook;
• Natural bait may not be used or possessed.

From 6 a.m. until 12 p.m. (noon) on the first Saturday in June:

• Fishing is restricted to youths under 16 years old;
• No bait or lure restriction;
• No size limit restriction;
• Seven (7) trout per day creel limit.

From 12 p.m. (noon) on the first Saturday in June until Sept. 30:

• Fishing open to all anglers;
• No bait or lure restriction;
• No size limit restriction;
• Seven (7) trout per day creel limit.

Mountain Heritage Trout Waters:

• North Toe River in Newland
• North Toe River in Spruce Pine
• Richland Creek in Waynesville
• Cane Creek in Bakersville
• Jonathan Creek in Maggie Valley