

Releasing Stripers Alive

Research shows that special hook regulations on the Roanoke River reduce injury and stress-induced mortality of released stripers.

Hints:

- Use barbless circle hooks when fishing with live or cut bait.
- Minimize handling and try to keep the fish in the water while removing the hook.
- Use de-hookers whenever possible to help remove hooks quickly.
- Cut the line if the hook cannot be removed easily.
- If necessary, use a landing net made of rubber or knotless nylon.



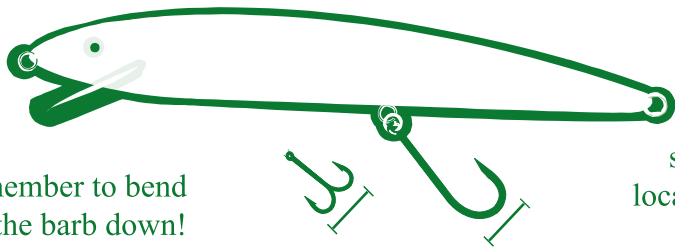
N.C. Wildlife Resources Commission
Division of Inland Fisheries
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Replacing Treble Hooks with a Single Hook

Regulations on the Roanoke River require the use of a single, barbless hook upstream of the U.S. 258 bridge from April 1 to June 30.

Simply replace the treble hooks with a large single hook with the same total gap width. This will work better than clipping off the extra hooks.



Remember to bend
the barb down!

Try each
attachment
site to see which
location works best