



*Discover outdoor adventure,  
fun and friendship.*

*Discover yourself.*

*Discover what BOW can do for you!*

## Becoming an Outdoors Woman®

Becoming an Outdoors-Woman (BOW) is an international program that is sponsored in North Carolina by the N.C. Wildlife Resources Commission. Taught by experienced instructors, the program is designed for women ages 18 and older. Participants learn skills through guided hands-on experiences in the outdoors.

N.C. BOW offers an annual three-day workshop and several Beyond BOW (BBOW) workshops held across the state. BBOW events focus on single topics such as hunting, archery and fly-fishing. Participant skill levels may range from beginner to advanced.

N.C. Wildlife Resources Commission  
BB Gillen, BOW Coordinator

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[www.ncwildlife.org](http://www.ncwildlife.org)



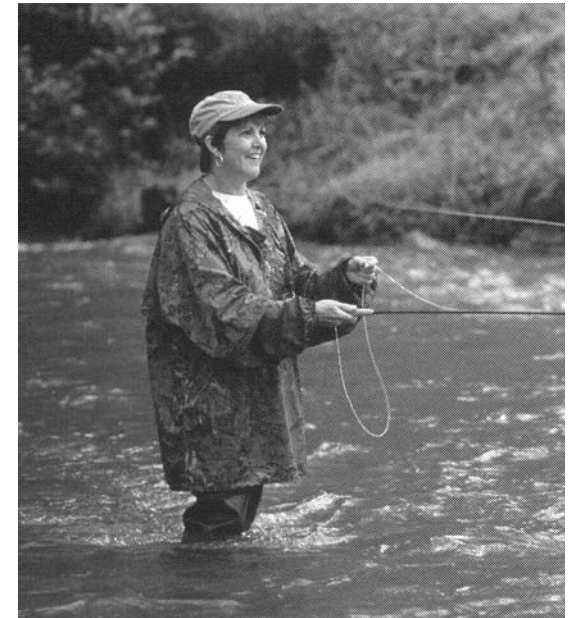
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Get N.C. **Wildlife Update**—news including season dates, bag limits, legislative updates and more—delivered to your Inbox from the N.C. Wildlife Resources Commission. Go to [www.ncwildlife.org/eneews](http://www.ncwildlife.org/eneews).

# Fly-Fishing Weekend Beyond BOW

April 9–11, 2010



Pisgah Center for Wildlife Education  
Transylvania County



NORTH CAROLINA  
WILDLIFE RESOURCES COMMISSION

## FLY-FISHING WEEKEND

No matter your skill level, there is still lots to learn about fly-tying and fly-fishing. Whether you want to gain new skills or improve current techniques, this workshop presents a thorough review of the history and ethics of fly-fishing as well as the angler's important role in wildlife conservation.

In the Stream Ecology session, discover tiny aquatic species that support a much larger food web. Explore a mountain stream and search for aquatic organisms using nets and kick seines to help understand what types of flies work best on the water. Then learn to tie flies that mimic the natural fish food you find in the river.

In the Basic Equipment session, get the scoop on proper waders, wading shoes, vests and other items that make fishing fun.

Finally, learn knot-tying, fly-casting and presentation. Our experienced instructors emphasize the importance of basic casting techniques and offer one-on-one instruction to help participants practice their moves.

For more information, contact BB Gillen at: (919) 218-3638 or (919) 894-3996  
bb.gillen@ncwildlife.org

Workshop Sponsor: Davidson River Outfitters



**Who:** Women of all skill levels who want to learn more about fly-fishing.  
**When:** April 9-11, 2010  
**Where:** Pisgah Center for Wildlife Education and Davidson River Campground in Transylvania County.  
**Cost:** \$125—One fee covers instruction, equipment, most meals and camping.

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*space limited ~ first come, first served*

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**Accommodations** Accommodations are at an outdoor campground. Participants are encouraged to bring tents and equipment. If you have no tent, contact the coordinator, BB Gillen. Two small group tents are available.

**Meals** include Friday supper in Pisgah Forest, light breakfast and lunch on Saturday and light breakfast on Sunday. Saturday supper is on your own.

**Directions** will be sent with your confirmation packet. The Pisgah Center for Wildlife Education is located in Pisgah Forest, Transylvania County.

**This event will be held rain or shine.** April can be cool and damp, so dress appropriately. Bring sunscreen, insect repellent, rain gear, folding chair, hat and water bottle, along with outdoor clothes, shoes, socks, toilet articles, flashlight, linens, and a tent. Fly-fishing equipment will be provided, or bring your own.

**Cancellation** with a full refund may be made if requested by March 15, 2010. You may transfer your registration fee to another person.

Don't forget your fishing license!

## REGISTRATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Daytime phone \_\_\_\_\_

Evening phone \_\_\_\_\_

Cell \_\_\_\_\_

E-mail \_\_\_\_\_

Special needs \_\_\_\_\_

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Registration fee: \$125

Make checks payable to **NCWRC-BOW**.

Mail check and this registration form to:

N.C. Wildlife Resources Commission  
Attn: BB Gillen  
P.O. Box 965  
Benson, N.C. 27504-0965

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Registered participants will receive a confirmation packet including the BBO health history form. *A completed health form is required for participation in BOW workshops.*

